



Barbara Hoos de Jokisch

The 7 Basic Elements of Voice Training

Franziska Martienßen-Lohmann's
vocal exercises

Translated by Eleanor Forbes

152 pages / softbound / second, revised
edition / numerous diagrams and illustrations
ISMN: 979-0-004-18974-0

EB 9494

*"Exceptionally clearly structured,
this workbook offers English-speaking
singers a systematic approach to
singing in the German language."*

www.breitkopf.com



- The first systematic compilation of Franziska Martienßen-Lohmann's vocal exercises
- A multi-faceted trove of effective sets of exercises, sorted according to the three areas of vocal function
- Provides a comprehensive overview of classical voice training
- A well-founded theoretical approach – the voice as an innately logical system
- The clear layout and helpful instructions make it easy to use
- Overall, a balanced mix of exercises, facts and explanations
- Recommended for voice students, voice teachers, vocal pedagogy teachers, singers, choral conductors



**Breitkopf
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first
in music



In F major for high voices; for lower voices use a suitable lower key

Detached vowels

Further sample pack

a) Combining two vowels



ti - e [ti - e] ti - e ti - e ti - e

ti - ä [ti - ä]

ti - a [ti - a]

ti - ö [ti - ö]

ti - o [ti - o]

ti - ö [ti - ö]

ti - ü [ti - ü]

ti - u [ti - u]

b) Alternating two vowels within a phrase



 ti - e - i - e - [i - e - i - e] - i - e
 ti - a - i - a - [i - a - i - a] - i - a
 ti - o - i - o - [i - o - i - o] - i - o
 ti - o - i - o - [i - o - i - o] - i - o
 ti - u - i - u - [i - u - i - u] - i - u

Next steps

All the exercises can be developed as follows:

- with initial **d** instead of **t**
- starting with the syllables **ta** (ta-ti, ta-se, ...) and **tu** (tu-ti, tu-se, ...) and
- ascending and descending chromatically.

"The experienced vocal pedagogue and methodologist provides us with an exceptionally clearly structured workbook, the like of which I feel has so far been missing for classical singing in the German-speaking world."

Prof. Martin Wölfel | Folkwang University, Essen

“Here I rediscovered much I already knew from voice training, warmups and several voice lessons, and I am delighted to have all this made available in such a structured, systematic and contemporary written format! Even an amateur can understand it...”

Petra Henschel | Madiba Choir, Berlin

"This is the book I've been hoping for for many years! I studied for a while with Elisabeth Grümmer, who studied with Franziska Martienßen-Lohmann, the great German singing teacher of the 20th century. Her teaching was rooted in bel canto and the then new knowledge of vocal physiology, but also infused with her love of language and use of the imagination."

Imagining the sound you want to make before the voice is heard was one of her main concepts, before the scientists ever discovered prephonatory tuning. I recognize many exercises in this book that I learned from Grümmer and still use today in my own teaching. The descriptions are clear, with step by step tips for their execution. This is a book that many will want to possess!"

Prof. Eleanor Forbes | Berlin